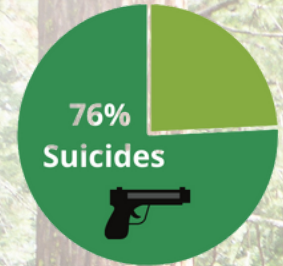


Lethal Means Safety - Quick Facts

- Only 5% of suicide attempts are made with a gun... but over 50% of completed suicides are done with a firearm.*
- About 90% of suicide attempts using a firearm are fatal.*
- In California, about 50 unintentional firearm deaths and another 1,800 unintentional nonfatal injuries occur annually.*
- 2 in 5 gun owning parents incorrectly believe that their child doesn't know where their gun is kept.*
- The majority of near lethal suicide attempts are made with little planning, and 90% of people who survive one attempt do not go on to die by suicide.*
- Putting time and distance between a person thinking about suicide and their firearm can be the difference between life and death.

There were 285 firearm deaths in Humboldt County between 2005-2019.



Safe Firearm Storage Matters

You own a gun to protect yourself and your loved ones

Properly storing your firearms...

- Prevents accidental death and injury
- Prevents youth suicide
- Buys time to reconsider during a suicide crisis
- Helps those who care about you step in to help if you need it
- Protects you and your property from theft

...Protects them and you.

If you or someone you know needs support, reach out.

988
SUICIDE & CRISIS LIFELINE

There is hope

Talk with us. If you or someone you know needs support now, call or text 988 or chat 988lifeline.org

PEP22-09-03-004

Veterans' Crisis Line
Dial 988 + 1

Elderly Friendship Line
1-800-971-0016

Ayuda en Espanol
Dial 988 +2

Kunle Community Center Warm Line
707-599-2381

California Youth Crisis Line
1-800-843-5200

Behavioral Health Crisis Line
1-707-445-7715

Crisis Text Line
741-741
(text "Native" for culturally appropriate support)

Hospice of Humboldt
1-707-445-8443

The Trevor Project
(for LGBTQ Youth)
1-866-488-7386

*Learn more about suicide prevention:
suicideispreventable.org
Statistics about firearms and suicide:
bulletpointproject.org

Assess your risk and plan for safe storage:
lock2live.org
Make a firearm life plan:
firearmlifeplan.org

Humboldt County Department of Health & Human Services
Public Health Suicide and Violence Prevention Program:
publichealthSVP@co.humboldt.ca.us



Lethal Means Safety -Long Arms Storage Options

- Safely storing or locking up firearms prevents accidental harm befalling friends, family, kids and guests.
- Long guns are used in about 1/3 of suicides and used disproportionately in youth suicides and suicides in rural areas.
- 85% of youths under 18 who died by firearm suicide used a family member's gun.
- Research shows that placing obstacles and barriers between people thinking of suicide and their chosen means can give them time to reconsider and may prevent suicide.

Broken Down for Safe Storage

- Does not require purchase of storage facilities
- Prevents accidents
- Limits firearm access by requiring assembly before use.

Cost: Free

Security: Low

Accessibility: Difficult



Cable Gun Locks



- Inexpensive (around \$20)
- Portable
- Good for preventing accidents
- Do not provide strong security.

Cost: \$20 - \$30

Security: Moderate

Accessibility: Moderate

Locking Gun Cases

- 1 or 2 gun capacity
- Made from a variety of materials - polymer, wood, aluminum etc.
- Portable and secure
- Biometric locking options can provide quick access.

Cost: \$80-\$400

Security: Very Good

Accessibility: Moderate to Fast



Gun Safes/Cabinets



- Most secure method of long gun storage
- Sturdy construction, high security
- Limits firearm access
- Weight and price may be impractical for some firearm owners.

Cost: \$150 - \$18,000

Security: Excellent

Accessibility: Slow to Moderate

Questions about Lethal Means Safety?

Email: PublicHealthSVP@co.humboldt.ca.us or call 707-296-8098.

